



THE
Nourishing
CHEFS

THE DINNER PARTY

Sample Menu

1ST COURSE

Watermelon Gazpacho

Zesty Feta , Cilantro Oil

2ND COURSE

Kale Caesar

Granny Smith Apple w/ fried Capers

3RD COURSE

Mussel Provencal

Grilled Tuscan Bread

4TH COURSE

Poach Salmon

Saffron Cauliflower Risotto, Cherry Tomato